

## **Electrocardiograph (ECG)**

This is a recording of the electrical signals produced by your heart. The ECG is one of the most commonly requested heart tests, as it can detect abnormalities of the heart rhythm, old and recent heart attacks and give information as to whether your heart is enlarged or working under strain. It is a valuable, yet simple and painless test, which will take about ten minutes to complete. Please be advised that you will need to undress to the waist and ladies will be required to remove their bra and tights for this test to be undertaken. It is advised, where possible, not to apply any moisturiser, body lotions or creams prior to this test, as this may prevent the electrodes from sticking effectively.

Please note this investigation may be carried out by a male or female member of staff. If you require a chaperone please contact us as soon as possible prior to your appointment so that we may arrange this. Alternatively you may prefer to have a relative accompany you.

