

Lung Function and Reversibility Information

PLEASE NOTE:

- 1. Do NOT use any inhalers for up to 4 hours prior to the test**
- 2. Please bring your Salbutamol (Ventolin) inhaler with you to this appointment. To enable this test to be performed it is essential to have your inhaler with you**
- 3. If you do not have a Salbutamol (Ventolin) inhaler please contact your GP prior to this appointment to obtain one**
- 4. Please notify us if you currently have something that may restrict your lung function capacity (e.g. chest infection or a cold) so we can rearrange your appointment.**

This test will measure how well your lungs are working before and after taking your medication. We will measure your height and weight prior to the test. You will be asked to take a deep breath in and blow it all out hard and fast through a tube connected to a lung function computer. You will then be asked to take your medication and wait for 15 minutes. The lung function test will then be repeated. You will be seated during the test as the hard and fast blowing can make you feel temporarily lightheaded. You will not be required to remove any clothing for the lung function test and it takes on average 45-60 minutes to complete.

This test may be performed by either a male or female member of staff. If you require a chaperone please contact us as soon as possible prior to your appointment so that we may arrange this. Alternatively you may prefer to have a relative accompany you.

